Experiences of person-centredness in pre-registration nurse education: the introduction of the Northern Ireland Bereavement Strategy (DHSSPS 2009) at Ulster University.

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Humanising Healthcare Education

Aim of presentation

To share our strategies and experiences of the impact of providing person-centred end-of-life care for the person and the family within a pre-registration curriculum.
Person–centred Curriculum

Origins

- NMC Standards for pre-registration nursing education
- Curriculum revalidation
- NMC Essential skills clusters
- Developed planning strategy
- Module Identification
- Staff development and training
Evidence Informed Practice

Themes in the literature

- Inadequate preparation
- More education on theory and practice
- More support and development
- Educational approaches
Bereavement Strategy

Health and Social Care (HSC) Bereavement Network

• Established by DHSSPS in 2006 from recommendations 9 and 10 of the Human Organs Inquiry (2002)

• Five Trust Bereavement Coordinators in Northern Ireland.

AIM

‘To build the capacity of all staff who have contact with dying and bereaved people so that they can respond in the most appropriate way according to their respective roles and the needs and preferences of those affected’.
HSC Bereavement Care Strategy

Six Standards

- Raising awareness
- Promoting safe and effective care
- Communication information and resources
- Creating a supportive experience
- Knowledge and skills
- Working together
End of Life Care

Curriculum objectives

1. Students should develop the necessary skills to critically reflect and care for ‘Self’ during end-of-life care in professional and personal context.

2. Preparation of nursing students toward a greater awareness of end-of-life care strategies prior to and during their practice learning experiences.

3. Students should be equipped with the necessary knowledge and skill set to engage in the provision of person-centred end-of-life care in a changing health care environment.
Student Journey
Steps to progress

Year 1
Progression Point One

Year 2
Progression Point Two

Year 3
Sign-Off Point
Year One
Year One
Introduction

Aim of Year One
‘is to develop students’ insights into the need for a holistic awareness and understanding of death, dying and bereavement in a personal and professional context’.
Week Eight

Lecture and tutorial plan week 8

Dealing with death and supporting families

Dealing with death student information.pdf

Grief and Bereavement An Overview September 2011.pdf

HSC Bereavement Strategy Standards.pdf

Cruise

NICE guidance
Year Two
Year Two
Safe and effective end of life care

Aim of Year Two
‘further develop the student’s knowledge in the nurses role in providing person centred end of life care for the person and their family’.
#9
Putting your house in order

Five things you can plan for end of life

Five things to do before I die...
1. 
2. 
3. 
4. 
5. 

Life is for living

To find out how to get more help visit:
www.dyingmatters.org
or call freephone
08000 21 44 66

This is number two in a series of leaflets focusing on
dying, death and bereavement produced by Dying
Matters.
Welcome to the HSC Bereavement Network website which has been developed to provide information and guidance for those who care for and support dying people and their loved ones around the time of and after death.

It is recognised that the quality of care and support received around the time of death and afterwards can impact on the grieving of bereaved people therefore it is hoped that the site will be useful to staff/volunteers in statutory, private and voluntary/community sectors working in this field as they seek to enhance their awareness, knowledge and practice.

Information for Bereaved People

If you have come to this site because you have been bereaved, please click here to access helpful information.

Trust Bereavement Co-ordinators

Anne Coyle
Paul McCloskey
Carole McKeeman
Gayneth Padden
Heather Russell

Southern HSCT
South Eastern HSCT
Western HSCT
Northern HSCT
Belfast HSCT

Bereavement Co-ordinators are based in each of the 5 Health and Social Care Trusts in Northern Ireland.
Year Three
Year Three
Towards leadership and management in end of life care

- Patient and carers voices and experiences
- Complex case studies
- Reflections
- DNAR and person centred care provision
- Care pathways
- Palliative care focus
- ILS
- Safe Talk – suicide awareness training
- Community Resilience mass casualty response event
### Student Evaluations

**Outcomes April 2015 (n=114)**

<table>
<thead>
<tr>
<th>Year</th>
<th>Useful in personal life</th>
<th>Useful in clinical practice</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Yes: 83%</td>
<td>No: 17%</td>
</tr>
<tr>
<td>One</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Two</td>
<td>84%</td>
<td>16%</td>
</tr>
<tr>
<td>Three</td>
<td>82%</td>
<td>18%</td>
</tr>
</tbody>
</table>
Student Perspectives

What was gained from the experience

- ‘The focus on self [was useful] often forgotten aspects as you try to place patients and families above all’

- Participating in several disaster exercises were beneficial ...in pulling it all together'

- ‘It gave good background knowledge on which to build and examples enabled me to be less worried and reduced the taboo aspects of end of life’

- ‘Development of skills enabled you to deal with sensitive cases, whilst showing care and compassion’

- ‘Awareness of the stages of illness, degrees of grief and process. Coping strategies and support systems’
Finally

‘A Wish’